Newham London

NEWHAM PARENTS, CARERS AND YOUNG PEOPLE

Need some support for yourself or your family during lockdown? Not sure where to start? **Join us for our weekly workshops taking place every Thursday, 4pm-5pm on Zoom and we will inform you of the support that is available to you in Newham.**

We want to make sure that every family in Newham knows about the amazing support on offer, especially during this difficult time. This includes support for wellbeing and mental health, finances, housing, befriending and much more. **Click the link below to join our workshop!**

Join Zoom Meeting

Phone one-tap: United Kingdom: +442034815240, 95579486838#
or +442039017895, 95579486838#
Meeting URL: **https://zoom.us/j/95579486838**
Meeting ID: **955 7948 6838**

Join by phone

If you do not have Zoom on your phone or computer, you can still join by phone. Call the below number on your phone (if the first one does not work please try the next one along). You will be instructed to key in the 'Meeting ID' (below). Then press '#' and you will be let in to the meeting!

Dial: United Kingdom: +44 203 481 5240 or +44 203 901 7895 or +44 131 460 1196
or +44 203 481 5237
Meeting ID: 955 7948 6838

We look forward to seeing you there!

Strengthening.Families@newham.gov.uk

WORKSHOPS

Supporting parents during the Coronavirus pandemic
Thursday 28th January 2021, 4-5pm

Supporting teenagers during the Coronavirus pandemic
Thursday 4th February 2021, 4-5pm

Supporting children during the Coronavirus pandemic
Thursday 11th February 2021, 4-5pm

Taking care of yourself during the Coronavirus pandemic
Thursday 18th February 2021, 4-5pm

Support for children and young people with additional needs
Thursday 25th February 2021, 4-5pm

Immigration support for families
Thursday 4th March 2021, 4-5pm

How to protect your children online
Thursday 11th March 2021, 4-5pm

Keeping children and young people safe in their community
Thursday 18th March 2021, 4-5pm

Newham Together
The best place for Children and Young People

